



## 2014 SUMMER SCHOOL LUNCH MENU



*FROM JUNE 23 TO JULY 11*

<i>DAY</i>	<i>MAIN DISH</i>	<i>SIDE DISHES</i>	<i>FRUIT</i>	<i>DRINKS</i>
Monday	5 Meatballs & Basmati Rice	Steamed peas, carrots and corn	Fruit	Milk / Juice / Water
Tuesday	Breaded Chicken Tenders Roasted Potato Wedges	Iceberg lettuce with ranch dressing	Fruit	Milk / Juice / Water
Wednesday	Roast Beef with Mushroom Gravy Fresh Mashed Potatoes	Steamed peas, carrots and corn	Fruit	Milk / Juice / Water
Thursday	Lentil & Basmati Rice with baked Chicken Tenders	Yogurt / cucumber with fresh dill	Fruit	Milk / Juice / Water
Friday	Meat Kufte Balls ( 3 balls)	Yogurt, Corn, and Romaine, cucumber & Tomato Salad	Fruit	Milk / Juice / Water

Note: Occasionally ice cream will be served