



SUMMER SCHOOL WEEKLY LUNCH MENU



<i>DAY</i>	<i>MAIN DISH</i>	<i>SIDE DISHES</i>	<i>FRUIT</i>	<i>DRINKS</i>
Monday	5 Meatballs & Basmati Rice	Steamed peas, carrots and corn	Fruit	Milk / Juice / Water
Tuesday	Breaded Chicken Tenders Roasted Potato Wedges	Iceberg lettuce with ranch dressing	Fruit	Milk / Juice / Water
Wednesday	Roast Beef with Mushroom Gravy Fresh Mashed Potatoes	Steamed peas, carrots and corn	Fruit	Milk / Juice / Water
Thursday	Lentil & Basmati Rice with baked Chicken Tenders	Yogurt / cucumber with fresh dill	Fruit	Milk / Juice / Water
Friday	Meat Kufte Balls (3 balls)	Yogurt, corn, and Romaine lettuce, cucumber & tomato salad	Fruit	Milk / Juice / Water