

LUNCH MENU – OCTOBER 2017

Monday	Tuesday	Wednesday	Thursday	Friday
October 2 Baked chicken tenders (hormone & antibiotic free) baked fries & salad	October 3 Chicken Kebab, rice pilaf, Cucumber w/yogurt	October 4 Keufte, hummus, cheese beureg & Armenian Salad	October 5 Chicken taquitos w/ Spanish rice & sour cream	October 6 Spaghetti w/meat sauce, Garlic break & salad
October 9 Chicken nuggets w/baked fries & salad	October 10 Cheese pizza & Caesar salad	October 11 Tabooleh, hummus, & cheese beureg	October 12 Chicken chow Mein w/ vegetables	October 13 Pressed chicken sandwich w/ hash brown & salad
October 16 Hamburger/cheeseburger, lettuce & tomatoes, baked sweet potato, ranch dip	October 17 Roast beef, fresh mashed potatoes, with gravy, steamed string beans and carrots	October 18 Chicken patty burger w/ potato wedges & salad	October 19 Beef lule kebab (2 skewers) w/lavash, basmati rice, cucumber and cherry tomatoes	October 20 Soft flour tortilla beef tacos (2) with shredded cheese, lettuce, tomato & corn
October 23 <i>School Closed</i>	October 24 Tender beef teriyaki, jasmine rice, broccoli, snap peas	October 25 Linguini pasta with chicken and alfredo sauce	October 26 <i>TECH – A- Thon Food truck festival</i>	October 27 <i>School Closed/ Parent Teacher Conference</i>
October 30 Beef crunch wrap with Spanish rice and salad	October 31 Sujukh sandwich, cucumber and yogurt salad			
<p><u>Lunch Price: \$4.00</u></p> <p>All lunches are served with:</p> <p>Bottled water or Cup of Alta Dena milk (with lid) and A seasonal whole fruit</p>		<p><u>Daily Alternative Lunch Menu</u></p> <p>Encino Campus:</p> <ol style="list-style-type: none"> 1) Chinese chicken salad OR Caesar salad with grilled chicken 2) Lahmajun w/ yogurt 3) Lavash roll with feta cheese, olives and tomatoes 4) Cheese beureg (large), Keufte with green salad <p>This menu has been approved by the administration</p>		